

Naga S. Bushan, M.D. | J. Michael Calmes, M.D. | Zhenhao Liu, M.D. | Taylor Warmoth, M.D. Ravyn Barr, APRN, F.N.P.-C | Autumn Beasley, APRN, F.N.P.-C | Lynsey Blankenship, APRN, F.N.P.-C

Dear,
Welcome to the Arthritis & Osteoporosis Associates, L.L.P. family! Our mission is to provide quality and compassionate medical care for patients of the South Plains with rheumatic diseases. As our patient, we put you first and realize that our purpose is to improve your life. Please do not hesitate to ask any questions regarding procedures, policies, or forms that must be completed for your visit.
An appointment has been scheduled with Dr. Liu_for you on
at
Please complete the attached questionnaire and bring it with you on the date of your appointment. Please DO NOT MAIL the questionnaire back to us. If you are unable to keep this appointment please contact our office within 24 hours of your appointment time. Broken appointments prevent other patients from receiving timely care. If you fail to keep this appointment you may be billed \$75.00.
Please bring all X-Ray, CT, MRI films, labs and progress notes from any physician that pertains to this visit. The doctor will review these films and reports at the time of your visit.
 All insurance co-pays and deductibles are due at the time of service. This will range from \$500 to \$1500. This estimate DOES include labs, x-rays, injections performed in our office. All private pay patients will be required to pay in full at the time of service. This will range from \$500 to \$1500. This estimate DOES include labs, x-rays, injections performed in our office. We will not file any non-contracted insurance. Patient is responsible for payment in full at the time of service. Please contact the office if you have any questions regarding your insurance plan. If your insurance plan requires a referral from you Primary Care Physician, you are responsible for obtaining the referral before your appointment. If your referral is not received prior to your appointment, you will be asked to reschedule. If your care requires lab work, it is possible that you may receive a separate bill from our lab vendor since all lab tests are not done in our practice. Please bring someone to interpret if you cannot speak English. If you are a nursing home resident, a family member or nursing home attendant must accompany and stay with you through the duration of the appointment.
Thank you for your cooperation and understanding and for choosing Arthritis & Osteoporosis Associates. We look forward to caring for you.
SignatureDate:



Naga S. Bushan, M.D. | J. Michael Calmes, M.D. | Zhenhao Liu, M.D. | Taylor Warmoth, M.D. Ravyn Barr, APRN, F.N.P.-C | Autumn Beasley, APRN, F.N.P.-C | Lynsey Blankenship, APRN, F.N.P.-C

To Our Patients:

The physicians of Arthritis & Osteoporosis Associates, Dr. Bushan, Dr. Calmes, Dr. Zhenhao (Larry) Liu and Dr. Warmoth along with Nurse Practitioners Autumn Beasley, Lynsey Blankenship and Ravyn Barr wish to inform you that they will do not attend or consult patients in the hospital. We will, of course, be available to consult by phone with the attending physician and other consultants regarding the hospital care of our patients for continuity of medications and to discuss our patients' rheumatologic diagnosis. One of our physicians will always be on telephone call to advise you regarding problems or emergencies that may arise after hours or on weekends. We do advise each of you to have a personal primary care physician to direct your hospital needs and coordinate appropriate consultations in the hospital.

The face of rheumatology practice is changing nationwide, and the trend is for practicing rheumatologists to focus on the outpatient care of our patients. We continue to strive to provide state of the art care of your rheumatic diseases in our outpatient clinic and our time and energies need to be directed toward the care of our office patients. We are adding new technologies in our practice with addition of musculoskeletal ultrasound.

As always, we continue to be committed to providing quality care for our patients and are dedicated to making your experience in our outpatient clinic a pleasant experience. We thank you for your loyalty as we partner in your medical care.

Sincerely,

Naga Bushan, M.D.

J. Michael Calmes, M.D.

Taylor Warmoth, M.D.

Zhenhao (Larry) Liu, M.D.

Autumn Beasley, F.N.P.

Lynsey Blankenship, F.N.P.

Ravyn Barr, F.N.P.

Please note: This office DOES NOT prescribe Schedule III narcotics including Hydrocodone

It is the responsibility of the patient to know his/her insurance benefits. Please call your insurance company if you are unsure of your benefit coverage prior to confirming an appointment.

5220 80th Street • Lubbock, TX 79424 • Phone (806) 771-2400 • Fax (806) 771-7760

Patient Information

Last Name:	First Name:			Middle	Initial:		
Social Security #:	Birthdate:	/	\GE:	_ Sex:			
Current Address:			State:	Zip:			
Home #:()							
RELATIONSHIP TO PERSON RESPON	ISIBLE FOR PAYMENT: 🗆 S	elf 🛮 Spouse 🔻	Child □Other	•			
Primary Care Physician:	F	Referring Physician	•				
Patient's Marital Status: Minor	☐ Single ☐ Married	☐ Separated	☐ Divorced	□ Widow	/ed		
Status: 🛘 Employed 🗘 Student	Employer/School:		Phone#:()			
Spouse's Name:	Spo	use's Employer:					
IN CASE OF AN EMERGENCY, PLEAS							
IF SOMEONE OTHER T	HAN PATIENT IS RESPONS	IBLE FOR PAYMEN	IT, COMPLETE	THIS SECT	ION:		
Last Name:	First Name:_			Middle	Initial:		
Social Security #:	Birthdate:			Sex: □	Male 🛘 Female		
Permanent Address:			State:	Zip:			
Home #:()	Cell ‡	#:()					
Employed: Yes No Em	ployer:		Phone #:()			
Marital Status: Minor	Single Married	☐ Separated	☐ Divor	ced	☐ Widowed		
MEDI	CAL INSURANCE/MEDICAL	RE/MEDICAID INF	ORMATION:				
Type of Medical Insurance: 🛘 Priva	te Insurance 🛮 Medicare	☐ Medicaid ☐ \	Norkers Comp	☐ Other:) 		
Name of Policy Holder:		Social Security	#:				
Insurance Company Name:		Phone #:(
ADDRESS:							
Identification #:							
Medicare #:		Medicaid #:					
Employer Plan? 🛘 Yes 🔻 🗎 No			Sex:	□ Male	☐ Female		
Do you have a secondary form of in	surance? 🛘 Yes 🔻 No	Company Name	e:	- · · · · · · · · · · · · · · · · · · ·			
Phone #:()	ID#:		_ Group #:				

Patient Financial Agreement

PATIENT NAME:	D.O.B.:
Arthritis & Osteoporosis Associated, L.L.P. appreciates the confidence you have shown needs. The service you have elected to participate in implies a financial responsibility o to ensure payment in full. As a courtesy, we will verify your coverage and bill your insuresponsible for payment in full. If your insurance carrier denies any part of your claim, past your approved period, you will be responsible for the balance in full.	n your part. This responsibility obligates you rance carrier on your behalf. You are
You are responsible for payment of any deductible and co-payment/co-insurance as decarrier. We expect these payments at time of service. Many insurance companies have coverage. You are responsible for any amounts not covered by your insurer.	
I have read the above policy regarding my financial responsibility to <i>Arthritis & Osteopol</i> services to me or the above named patient. I certify that the information is, to the best authorize my insurer to pay any benefits directly to <i>Arthritis & Osteoporosis Associates</i> incurred by me or the above name patient; or, if applicable any amount due after payments.	t of my knowledge, true and accurate. I , L.L.P. the full and entire amount of the bill
PATIENT SIGNATURE:	_ DATE:
GUARANTOR SIGNATURE:(If guarantor is not the patient)	_ DATE:
CO-PAY POLICY Some health carriers require the patient to pay a co-pay for services rendered. It is exprendered for the patient to pay at EACH VISIT. Thank you for your cooperation in this	* *
PATIENT/GUARANTOR SIGNATURE:	_ DATE:
MEDICARE AUTHORIZATIONS	
I request that payment of authorized Medicare benefits be made either to me or on made either. I authorized any large either to the Health Care Financing Administration and its agents any information need benefits payable for related services.	nolder of medical information about me to
I request that payment of authorized Medigap or Medicare Advantage benefits be mad Osteoporosis Associates, L.L.P. for any services furnished to me by their providers. I au about me to release to my Medigap insurance carrier any information needed to deter	thorize any holder of Medicare information

PATIENT/RESPONSIBLE PARTY SIGNATURE:______ DATE:_____

Patient Financial Agreement (continued)

MEDICAID/PCCM

appointment with <i>Arthritis & Osteoporosis Associates, L.L.P.</i> will be rescheduled with no exceptions.	If I fail to obtain my required referral I understand that my appointment
PATIENT/GUARANTOR SIGNATURE:	DATE:
	SELF-PAY
	rvices rendered here at Arthritis & Osteoporosis Associates, L.L.P. I and entire amount of treatment given to me or to the above named
PATIENT/GUARANTOR SIGNATURE:	DATE:
<u>Ref</u>	ERRAL POLICY
	referral is required for my visit to an Arthritis & Osteoporosis e referral. If I fail to obtain my required referral, I understand that my
PATIENT/GUARANTOR SIGNATURE:	DATE:
CANCELLATI	ION/NO SHOW POLICY
We understand there may be times when you miss an appoint we urge you to call 24 hours prior to canceling your appointment.	ntment due to emergencies or obligations to work or family. However, ment.
I understand if I no show for two consecutive ne patient appoint discharged form medical care.	ointments or no show for four follow-up appointments, I will be
Arthritis & Osteoporosis Associates, L.L.P. will notify you in w	riting via certified mail if you are discharged from medical care.
I have read and understood the above information and I agre	ee to the terms described.
PATIENT/GUARANTOR SIGNATURE:	DATE:

Arthritis & Osteoporosis Associates, L.L.P.

Consent for Use and Disclosure of Health Information

I WISH TO BE CONTACTED IN THE FOLLOWING MANNER (check all that apply)

☐ Home telephone:	☐ Work telephone:
☐ Leave a detailed message	☐ Leave a detailed message
☐ Leave a message with call back	☐ Leave a message with call back
number only	number only
☐ Written Communication	☐ Other (spouse, child, etc.)
☐ Mail to home address	Please list names of individuals we have
☐ Mail to work/office address	consent to speak with regarding your care.
☐ Fax to this number:	
Acknowledgement of Receipt of Notice of Private Acknowledgement of Receipt of Re	vacy Practices:
You have the right to read our Notice of Policy Prac	ctices before you sign this consent. Our notice provides a description
of our treatment, payment activities and healthcar	e operations, and the uses and disclosures we may make of your
	ant information concerning your protected health information. A
	serve the right to change our privacy practices as described in our
Notice. If we change our privacy practices, we will	make a copy of the revision available, which will contain the changes.
Agreement as to Governing Law and Forum:	
	providing health care to patient agree: (1) that all health care rendered
	w and in no event shall the law of any other state apply to any
	t of a dispute any lawsuit, action of cause action which in any way
	only be brought in a Texas District Court in the county of where all or
	rendered and in no law and forum selection provisions of this
paragraph are mandatory and are not permissive.	
By signing this form, you will consent to the use an	d disclosure of your protected health information to carry out
treatment, payment activities and healthcare opera	
SIGNATURE:	DATE:
(Patient or personal representative)	
PRINT NAME:	
	
RELATIONSHIP TO PATIENT (if signed by personal re	epresentative):

Arthritis & Osteoporosis Associates, L.L.P.

Zhenhao Liu, M.D.

Patient History Form (Rheumatology)

Date of appointment:/	Time of appointment:		Birth Place:_			
Last name:	First name:	First name:		DOB:	/ /	
Address:						
Home #:()						
Marital Status: ☐ Never marrie	d 🛮 Married	□ Dive	orced	ated	☐ Widowed	
Spouse/Significant Other: Alive/age: Dece			: Majo	or illness:		
Education (circle highest level attended):						
Grade School 7 8 9 10 11 12	•	3 4	Graduate School			
Occupation:			of hours worked/av	-		
Referred by: Self Fami	ly 🛮 Friend	☐ Docto	or 🛮 Other hea	Ith profession	on	
Name of person making referral:		Primary	Care Physician:			
Do you have an orthopedic surgeon?	Yes 🗆 No					
If yes, name:		Please sh	nade all the locations of	f your pain o	ver the past week	
Describe briefly your present symptoms	s:		on the body figu	res and hand	ds.	
, , ,		(
		لمير				
Date symptoms began:/) }~	·4/ // //			
Previous treatment for this problem (in		()}-	- [1] \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\			
therapy, surgery & injections; medication	ons to be listed	4) (\	7)\\\{\\ \	4		
later)		Right	Left Left Rig	hi alla	090	
		}		8/1/9/2	13/1/1/29	
Please list the names of other practition	ners you have	1		1		
seen for this problem:		Lu	iu uu) /	\ (
				·	•	
RHEUMATOLOGIC (ARTHRITIS) HISTOR						
At any time have you or a blood relative	had any of the follo	wing? (check	if yes)			
Yourself	Relative/Relation	Yourself		R	elative/Relation	
Arthritis (unknown type)			Lupus or SLE			
Osteoarthritis			Rheumatoid Arthrit			
Gout			Ankylosing Spondyli	tis		
Childhood Arthritis			Osteoporosis			
Other arthritis conditions:						
Date: Initials:						
Date: Initials:						

Patient History Form (continued)

SOCIAL HISTORY	PAST MEDICAL HISTORY				
Do you drink caffeinated beverages? ☐Yes ☐No	Do you now or have you ever had: (check if yes)				
Cup/glasses per day:	☐ Cancer ☐ Heart problems ☐ Asthma				
Do you smoke? Or One Open The Do you smoke? Or Open Th	☐ Goiter ☐ Leukemia ☐ Stroke				
Do you drink alcohol? Yes No # per week?	☐ Cataracts ☐ Diabetes ☐ Epilepsy				
Has anyone ever told you to cut down on your drinking?	• • • •				
□Yes □No	breakdown pressure fever				
Do you use drugs for reasons that are not medical?	☐ Headaches ☐ Jaundice ☐ Colitis				
□Yes □No If yes please list:	☐ Kidney ☐ Pneumonia ☐ Psoriasis				
	disease				
Do you exercise regularly? ☐Yes ☐No	☐ Anemia ☐ Stomach ulcers ☐ HIV/AIDS				
Type:	☐ Emphysema ☐ Glaucoma ☐ Tuberculosis				
Amount per week:	Other significant illness (please list):				
How many hours of sleep do you get at night?	other significant infess (pieuse list).				
Do you get enough sleep at night?					
Do you wake up feeling rested?					
Previous operations:					
	Year Reason				
1.	Reason				
2.					
3.					
4.					
5.					
6.					
7.					
Any previous fractures?	::				
Any other serious injuries?	3:				
Family History:					
If Living	If Deceased				
Age Health	Age of Death Cause				
Father					
Mother					
	Number or deceased:				
	Number of deceased: List ages of each:				
Health of children:	d. and attack the state of the				
Do you know of any blood relative who has or had: (checl	• • • • • • • • • • • • • • • • • • • •				
	☐Rheumatic Fever ☐Tuberculosis				
	☐Epilepsy ☐Diabetes				
	□Asthma □Goiter				
	□Psoriasis □ □Osteoporosis □ □				
	Are you receiving disability? Yes No Are you applying for disability? Yes No				
Do you have a medically related lawsuit pending?	□No				
Date: Initials:					

Systems Review

As you review the following list, please che	ck any of the problems which have s	significantly affected you.
Date of last mammogram://	Date of last eye exam://	Date of last chest X-ray://
Date of last TB test:	Date of last bone densitometry:	
Constitutional	Gastrointestinal	Integumentary
☐Recent weight gain/amount:	□Nausea	©Easy bruising
☐Recent weight loss/amount:	□Vomiting of blood	□Redness
□ Fatigue	☐Stomach pain relieved with food	□Rash
□Weakness	□aundice	DHives
□Fever	□Increasing constipation	□Sun sensitive (sun allergy)
Eyes	©Persistent diarrhea	OTightness
□Pain	□Blood in stools	©Nodules/bumps
□Redness	□Black stools	□Hair loss
□Loss of vision	□Heartburn	□Color changes of hands or feet in the cold
□Double or blurred vision	Genitourinary	Neurological System
□Dryness	Difficult urination	OHeadaches
☐Feels like something in eyes	☐Pain or burning on urination	□ Dizziness
□Itching eyes	□Blood in urine	OFainting
Ears/Nose/Mouth/Throat	□Cloudy, "smoky" urine	☐Muscle spasm
□Ringing in ears	□Pus in urine	□Loss of consciousness
□Loss of hearing	Discharge from penis/vagina	☐Sensitivity or pain of hands and/or feet
□Nosebleeds	☐Getting up at night to urinate	□Memory loss
□Loss of smell	□Vaginal dryness	□Night sweats
©Dryness in nose	□Rash/ulcers	Psychiatric
□Runny nose	☐Sexual difficulties	□Excessive worries
OSore tongue	□Prostate trouble	□ Anxiety
Bleeding gums	For women only	☐ Easily losing temper
Sores in mouth	Age when periods began:	©Depression
Closs of taste	Periods regular? Over One Over One Over Over Over Over Over Over Over Ove	[]Agitation
Dryness of mouth	How many days apart?	Difficulty falling asleep
□Frequent sore throats □Hoarseness	Date of last period:/	□Difficulty staying asleep
Difficulty swallowing	Date of last pap:/	Endocrine
Cardiovascular	□Yes □No	Excessive thirst
□Pain in chest	Number of pregnancies:	Hematologic/Lymphatic
Olrregular heart beat	Number of miscarriages:	☐Swollen glands ☐Tender glands
□Sudden changes is heart beat	Musculoskeletal	□Anemia
□High blood pressure	□Morning stiffness	□Bleeding tendency
DHeart murmurs	Lasting how long?minhrs	□Blood transfusion/when?
Respiratory	□Joint pain	Allergic/immunologic
□Shortness of breath	□Muscle weakness	□Frequent sneezing
□Difficulty in breathing at night	☐Muscle tenderness	□Increased susceptibility to infection
□Swollen legs or feet	□Joint swelling	
□Cough	List joints affected in the last 6 mo.	
□Coughing of blood		
□Wheezing (asthma)		
Date Initials		

Type of reaction:									
Current medications (list any medications	ations you are	currently taking includ	ing ov	er-the-	counter n	nedications\			
Name of drug	700 010	Dose (include strengt				you taken	Helped	Helped	Helped
		# of pills per day)	‴~		edication		A lot	Some	Not at a
								30	1.00.000
						-			
									
Protection of the state of the								<u> </u>	
Past Medications: Pleas review this I								u have taken,	how long
you were taking the medication, the			list an				d		
Drug Names	Le Le	ngth of time			s this hel	•		Reactions	
Non Charaidal Anti Inflammatan B	(2/5.4/2.5)		<u> </u>	lot	Some	Not at all			
Non-Steroidal Anti-Inflammatory Dr	ugs (NSAIDS)								
Ansald (flurbiprofen)			ļ						
Daypro (oxaprozin)			 				_		
Meclomen (meclofenamate)					_				<u>.</u>
Tolectin (tolmetin) Voltaren (diclofenac)			-						
Arthrotec (diclofenac + misorostil)			┼						
Disalcid (salsalate)			 						
Motrin (ibuprofen)			-					·	
Trilisate (choline magnesium			+						
trisalicylate)	:								
Clinoril (sulindac)			1						
Aspirin			 		-				
Dolobid (diflunisal)									
Feldene (piroxicam)			1						
Nalfon (fenoprofen)									
Lodine (etodolac)									
Vioxx (rofecoxib)									
Celebrex (celecoxib)									
Indocin (indomethacin)									
Naprosyn (naproxen)									
Oruvail (ketoprofen)									
Mobic (meloxicam)									
Relafen (nabumetone)									
Pain Relievers									
Tylenol (acetaminophen)					_				
Codeine (Tylenol #3)									
Norco, Lortab (hydrocodone)									
Ultram, Ultracet (tramadol)			1			1	1		

Date:_____ Initials:_____

Medications (continued)

Date:_____Initials:____

Disease Modifying Antirheumatic Drugs (DMARDS) or Immunosuppressive Drugs

Discuse Woullying Antimedinati	C Di uga (DiviANDS) di lilililullosu	hhi essive r	Ji ugs:		
Auranofin (ridaura-gold pills)					
Myochrysine (gold shots)				1	
Plaquenil (hydroxychloroquine)					
Cuprimine/Depen					
(peniciflamine)					
Rheumatrex (methotrexate)					
Arava (leflunomide)					
Imuran (azathioprine)					
Azulfidine (sulfasalazine)					
Atabrine (quinacrine)					
Cytoxan (cyclophosphamide)					
Sandimmune/Neora					
(cyclosporine)					
Enbrel (etanercept)					
Humira (adalimumab)			<u> </u>		
Simponi (golimumab)			<u> </u>		
Cimzia (certolizumab)					
Remicade (inflixImab)					
Orencia (abatacept)					
Actemra (tocilizumab)			<u> </u>		
Benlysta (belimumab)					
Prosorba Colunm					
Osteoporosis Medications:			<u>. </u>		<u> </u>
Premarin (estrogen)			<u> </u>		
Fosamax (alendronate)			<u> </u>		
Actonel (residronate)					
Didronel (etidronate)					
Evista (raloxifene)					
Fluoride					
Miacalcin (calcitonin injections)				<u> </u>	
Boniva (ibandronate)					
Prolia (denosumab)					
Reclast (zoledronic acid)					
Forteo (teriparatide)					
Gout Medications:					,
Benemid (probenecid)					
Colcrys (colchicine)					
Zyloprim/Lopurin (allopurinol)					
Uloric (febuxostat)					
Krystexxa (pegloticase)					
Others:					
Prednisone (cortisone)					
Hyalgan/Synvisc/Supartz					
Have you participated in any clinic If yes, list:	cal trials foe new medications? []	Yes □No			

ARTHRITIS & OSTEOPOROSIS ASSOCIATES, L.L.P. Rapid 3 Assessment Questionnaire

Name:	_ DOB:/_	/ Da	te:/			
This questionnaire is designed to receive information from you to provide a record of your current health status.						
Please answer each question even if you do not believe it is related to your condition. There are no wrong answers.						
1. PLEASE CHECK THE ONE BEST ANSW	ER FOR YOUR AB	SILITIES AT THI	S TIME:			
Over the last week, were you able to:	Without ANY Difficulty	SOME Difficulty	MUCH Difficulty	UNABLE To DO		
Dress yourself, including tying shoelaces						
and doing buttons?	0	1	2	3		
Get in and out of bed?	0	1	2	3		
Lift a full cup or glass to your mouth?	0	1	2	3		
Walk outdoors on flat ground?	0	1	2	3		
Wash and dry your entire body?	0	1	2	3		
Bend down to pick up clothing from the						
floor?	0	1	2	3		
Turn regular faucets on and off?	0	1	2	3		
Get in and out of a car, bus, train, or		ļ				
airplane?	0	1	2	3		
Walk two miles or three kilometers, if you						
wish?	0	1	2	3		
Participate in recreational activities/sports						
as you would like; if you wish?	0	1	2	3		
Get a good night's sleep?	0	1.1	2.2	3.3		
Deal with feelings of anxiety or being						
nervous?	0	1.1	2.2	3.3		
Deal with feelings of depression or feeling						
blue?	0	1.1	2.2	3.3		
How much pain have you had because Please indicate below how severe you			ast week?			
No Pain			Pain as bad as	it could be		
0 0.5 1.0 1.5 2.0 2.5 3.0 3.5 4.0 4	.5 5.0 5.5 6.0	0 6.5 7.0 7	.5 8.0 8.5 9	9.0 9.5 10		
3. Considering all the ways in which illn please indicate below how you are d		onditions may	affect you at t	his time,		
Very Well Very Poorly						
- 0 - 0.5 - 1.0 - 1.5 - 2.0 - 2.5 - 3.0 -3.5 -4.0 -4	.5 5.0 5.5 6.	0 6.5 7.0 7	7.5 8.0 8.5	9.0 9.5 10		
Score: 1. FN 2. PN	-	3. PTGE	RAI	PID3		